

Information for Family and Friends and Driving Directions to Anchorage Hospitals

We're sorry that we've had to meet like this! We understand that this may be a particularly challenging time for you, having to temporarily say goodbye to a loved one as he or she is wheeled off to an airplane or helicopter.

Be assured that your family member or friend is being cared for by members of Alaska's most experienced medical transport team. LifeMed Alaska has completed tens of thousands of successful patient transports, and our nurses, paramedics and pilots have years of experience flying and caring for patients in this challenging environment. Experienced communications specialists coordinate a smooth transfer every step of the way, and our medical teams have direct access to medical control physicians in Anchorage for guidance in difficult cases. Your family member or friend is in very good hands.

If you are traveling to Anchorage to join them, please take your time and drive carefully. Once they arrive at the hospital there will likely be a delay before you will be able to see them, while they are admitted and their initial care is started. **The most caring thing you can do for them is to make sure that you arrive safely.**

If you need further assistance in finding the hospital, please contact the facility directly at the phone number listed. If there are delays our communications specialists can provide information on progress of the transport, but they are not able to provide any patient information.

Providence Alaska Medical Center. 3200 Providence Drive, Anchorage.

Main: 907-562-2211. Patient Info: 907-212-3188

From the North (Glenn/Parks Highways). Follow the Glenn Highway (or the Parks Hwy, which merges into the Glenn near mile 35) into Anchorage. Take the exit ramp for Boniface Drive and turn left. Turn right onto Northern Lights Blvd. At the next stoplight turn left onto UAA Drive. At the next stoplight turn left onto Providence Drive. At the next stoplight turn right on Wellness Drive into the Providence campus and follow signs to free visitor parking.



From the South (Seward Highway). Follow the Seward Highway (or the Sterling Hwy, which merges into the Seward near mile 37) into Anchorage. When it ends at a stoplight, turn right onto 36th Avenue. After crossing Lake Otis Blvd, 36th Avenue changes names and becomes Providence Drive. Turn right at the stoplight onto Wellness Drive into the Providence campus and follow signs to free visitor parking.

From the Airport. No airport shuttle is available. Taxis: may be found by following the signs from the baggage claim level, and will cost about \$18. City Bus: On the baggage claim level take the 7A bus and ask the driver to help you connect to the 36 bus, which stops at Providence. The fare is \$1.75, cash only (get a transfer slip from the driver when boarding the 7A bus).

When you arrive: Park in any of the clearly signed, free visitor parking areas. During the day, plan to park in the garage and report to the Information Desk in the front lobby (if you park in the front lot, the Info Desk is inside Door 3, behind the statue). At night, plan to park in the front lot and enter through Door 1 (Emergency Department) and report to the Registration Desk for assistance.

Alaska Native Medical Center. 4315 Diplomacy Drive, Anchorage. 907-729-3250 (or 800-478-3343).

From the North (Glenn/Parks Highways). Follow the Glenn Highway (or the Parks Hwy, which merges into the Glenn near mile 35) into Anchorage. Take the exit ramp for Muldoon Road South. In about 3½ miles Muldoon will make a sweeping turn to the right, and change name to Tudor Road. Continue about 2 miles more and make a right on Tudor Centre Drive. Turn left at Diplomacy Drive and follow signs to parking.



From the South (Seward Highway). Follow the Seward Highway (or the Sterling Hwy, which merges into the Seward near mile 37) into Anchorage. Take the exit for Tudor Road and turn right. In 2 miles the hospital campus will be on your left. Turn left at Diplomacy Drive and follow signs to parking.

From the Airport. A shuttle departs hourly on the half-hour (1:30, 2:30, 3:30, etc) from outside the Alaska Airlines baggage claim. Shuttle Hours: Monday – Friday 4:30am – 11:30pm. Saturday 1:30pm – 10:30pm. Sunday 4:30am – 1:30pm. Taxis may be found by following the signs from the baggage claim level, and will cost about \$20. City Bus: On the baggage claim level take the 7A bus to the Downtown Transit Center and connect to the 45, 75, or 102 bus, which stop at ANMC. The fare is \$1.75, cash only (get a transfer slip from the driver when boarding the 7A bus).

When you arrive: Enter through the Emergency Department entrance and report to the Registration Desk for assistance.

Alaska Regional Hospital. 2801 Debarr Road, Anchorage. 907-276-1131.

From the North (Glenn/Parks Highways). Follow the Glenn Highway (or the Parks Hwy, which merges into the Glenn near mile 35) into Anchorage. Turn left onto Airport Heights Dr. Turn right on Debarr Road. Turn right into the hospital main entrance and follow the signs to visitor parking.



From the South (Seward Highway). Follow the Seward Highway (or the Sterling Hwy, which merges into the Seward near mile 37) into Anchorage. At the fifth stoplight, turn right onto 15th Avenue. After crossing Lake Otis Blvd, 15th Avenue changes names and becomes Debarr Road. Turn left into the hospital main entrance and follow the signs to visitor parking.

From the Airport. No airport shuttle is available. Taxis: may be found by following the signs from the baggage claim level, and will cost about \$20. City Bus: On the baggage claim level take the 7A bus to the Downtown Transit Center and connect to the 13 or 15 bus, which stop at Alaska Regional. The fare is \$1.75, cash only (get a transfer slip from the driver when boarding the 7A bus).

When you arrive: During the day, use the main entrance and report to the Information Desk for assistance. At night, use the Emergency Department entrance and report to the Registration Window for assistance.

Contact numbers for other hospitals:

Mat-Su Regional Medical Center, Palmer:	907-861-6000
Harborview Medical Center, Seattle:	206-744-3000
University of Washington Medical Center, Seattle:	206-598-3300
Seattle Children’s Hospital, Seattle:	206-987-2000
Oregon Health Sciences University Hospital, Portland:	503-494-8311
LifeMed Alaska Dispatch:	800-478-5433